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product info

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: One (1) capsule daily for individuals weighing up to 160 pounds. Those weighing over 160 pounds, take two (2) capsules daily. This product can be taken with or without food, or as recommended by a healthcare practitioner.

Store tightly closed in a cool, dry place.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Q01469G

LifeExtension®

Triple Action Cruciferous Vegetable

Extract with Resveratrol



For Cellular Protection & Optimal Hormone Balance*

Dietary
Supplement

60 Vegetarian
Capsules

Supplement Facts

Serving Size 1 Vegetarian Capsule

Amount Per Serving	% Daily Value
Broccoli Super Concentrate extract (plant and sprout) [std. to 4% glucosinolates (16 mg)]	400 mg **
Indole-3-Carbinol (I3C)	80 mg **
Watercress 4:1 extract (leaf)	50 mg **
Rosemary extract (leaf) [std. to 20% diterpenic compounds (10 mg), providing carnosic acid/carnosol]	50 mg **
Cat's Claw extract (bark)	50 mg **
Apigenin	25 mg **
Cabbage extract (leaf)	25 mg **
Trans-resveratrol [from Japanese knotweed (root) and whole red grape extracts] [also supplying glycosides (polydatin)]	20 mg **
DIM (Di-indolyl-methane)	14 mg **

**Daily Value not established.

Other ingredients: vegetable cellulose (capsule), maltodextrin, vegetable stearate, silica.

Manufactured for:
Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, FL 33309

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To report a serious adverse event or obtain product information,
contact 1-866-280-2852.